



Bus Buddies

A program designed to assist and educate senior adults using the public transit system.

The Bus Buddies program is a collaboration of Valley Metro, City of Glendale Transit and City of Glendale Transportation.



The goal is to involve and encourage senior adults to use the public fixed route bus system. Through our program we hope to see more usage of the public bus system and less of other modes of transportation that are designated for medical usage. It is also our desire that residents will gain independence and confidence to travel on their time schedule to places of their desiring.



Bus Buddies

Our program is set up in the following manner:

- **Meeting** with the center director for a presentation about Bus Buddies.
- The following centers have participated in the Bus Buddies Program
 - **Casa Bill Soltero**
 - **Vista Alegre**
 - **Kachina**
 - **Tanner Terrace**
 - **Glencroft**
 - **Waymark Gardens**
 - **Manistee Manor**



Glencroft



Tanner Terrace

• **Presentation** introducing the Transit Lifestyle including a survey of current transportation habits. A Valley Metro Bus is provided for residents to board and to try out the features.



Reducing The Fear of Traveling

Questions asked by residents at the first presentation:

How far can I walk?

Where do I get off?

How do I stop the bus?

Can I ride the bus if I have a mobility cart, cane, or walker?

How do I get there?

How do I get back home?

Which bus do I take if.....

If I need to take more than one bus what do I do?

Next a **workshop** is held to educate residents on trip planning, reading a bus book, and planning their field trip.

The **Field Trip** uses the regular local Valley Metro bus. Bus fare is provided and residents will receive a gift.

Residents are encouraged to use the bus between workshops.

The workshop and field trip are repeated two more times.

Last is a **celebration** to welcome all participating residents to the Transit Lifestyle and a thank you for being a **Bus Buddy!**



Bus tickets for each trip and other incentives are provided by City of Glendale Transportation Education, Transit and Valley Metro.

Residents from participating centers have enjoyed the following field trips:

Arrowhead Mall
Spectrum Mall
Desert Sky Mall
Glendale Glitters
Cerreta's Candy Factory (tour and chocolate pizza making class)
Spring Training Games
City of Glendale Adult Center and Main Library (tour, lunch and entertainment)

